

For	Mile	DIR	Instruction
65 yds	0	R	Depart St Mary's on Church St
1.2 mi	0.1	X	@ light onto New Monmouth Rd CR-50
0.3 mi	1.2	X	At SR-35 stay on CR-50 [New Monmouth Rd]
0.2 mi	1.5	R	Kings Hwy stay on CR-50 [Kings Hwy]
3.1 mi	1.7	L	Church St, Middletown stay on CR-50
1.1 mi	4.8	R	Sunnyside Rd
1.1 mi	5.9	L	onto CR-52 [Crawfords Corner-Everett Rd]
1.1 mi	7	L	onto CR-520 [Newman Springs Rd]
76 yds	8	R	into Brookdale CC (Follow main road)
0.8 mi	8.1	S	
1.6 mi	8.9	R	onto CR-54 [Phalanx Rd]
65 yds	10.5	R	Laird Rd
2.0 mi	10.6	S	stay on Laird Rd
0.5 mi	12.6	X	SR-34 continue on Conover Rd
0.8 mi	13.1	L	onto CR-4 [Crine Rd]
0.9 mi	13.9	BR	stay on CR-4 [Crine Rd]
65 yds	14.8	R	Boundary Rd
1.9 mi	14.8	S	stay on Boundary Rd
1.7 mi	16.7	R	CR-520 [Newman Springs Rd]
32 yds	18.4	X	SR-34 stay on CR-520 [W Main St]
43 yds	19	L	CR-4 [Holmdel Rd]
3.0 mi	19	S/BR	stay on CR-4 [Holmdel Rd] (North)
1.8 mi	22.1	S/BR	stay on CR-4 [Holmdel Rd] (North)
0.1 mi	23.9	R	Bethany Rd
1.2 mi	24	X	SR-35 Continue on Poole Ave
0.1 mi	25.2	R	CR-516 [Middle Rd]
1.9 mi	25.3	X	@ light stay on CR-516 [Middle Rd]
0.5 mi	27.3	X	Continue (East) on Middle Rd
1.1 mi	27.8	X	continue (East) on Main St
109 yds	28.9	R	Jay Dr
131 yds	29	L	Schelly Dr
0.4 mi	29	L	Thorne Pl
0.6 mi	29.4	R	Wilson Ave
0.3 mi	30	L	CR-516 [Cherry Tree Farm Rd]
	30.3	L	Arrive St Mary's